



## Grand Avenue Primary & Nursery School

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Monday, 24<sup>th</sup> March 2025

Dear Parent/Carer,

Following on from our recent letter dated 12<sup>th</sup> March regarding confirmed cases of strep A in the lower school, we have had several further cases reported over the weekend within Early Years classes. We want to reassure you that we are still closely monitoring the situation and strictly following Government guidance on managing Strep A infections. We have spoken to Public Health again this morning and at the moment there is no further action to be taken by the school.

We are taking extra precautions at this time including increased hand washing and sanitisation, and the suspension of shared sensory activities such as sand, water play and play doh. We have also stopped the use of shared fruit bowls at snack time.

The following is advice given by the NHS:

Strep A is a common type of bacteria. Most strep A infections are mild and easily treated, but some are more serious.

Common symptoms of strep A include:

- [flu-like symptoms](#), such as a high temperature, swollen glands or an aching body
- [sore throat](#) (strep throat or [tonsillitis](#))
- a rash that feels rough, like sandpaper ([scarlet fever](#))
- scabs and sores ([impetigo](#))
- pain and swelling ([cellulitis](#))
- severe muscle aches
- nausea and vomiting

Strep A infections are more common in children, but adults can also sometimes get them. Most strep A infections are not serious and can be treated with antibiotics. But rarely, the infection can cause serious problems. This is called invasive group A strep (iGAS).

### What to do if your child is unwell:

It can be difficult to tell when a child is seriously ill, but the main thing is to trust your instincts. You know better than anyone else what your child is usually like, so you'll know when something is seriously wrong.

If your child does not seem to be seriously ill, you can usually look after them at home. They should feel better in a few days.



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If they are uncomfortable, you can give them [children's paracetamol](#) or [children's ibuprofen](#). Check the leaflet to make sure the medicine is suitable for your child and to see how much to give them.

A pharmacist can give you advice about how to ease your child's symptoms and whether you need to see a doctor.

### Call 999 or go to A&E if:

- your child is having difficulty breathing – they may make grunting noises, or you may notice their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, tongue or lips are blue or grey – on black or brown skin this may be easier to see on the palms of the hands or soles of the feet
- your child is floppy and will not wake up or stay awake

Please click on the link below for further guidance: <https://www.nhs.uk/conditions/strep-a/>

Please be rest assured that the safety and well-being of our pupils and staff is high priority. We will keep you informed and update you immediately if the situation changes.

Thank you for your understanding and support.

Kind regards,

**Mrs Pitcher**  
Headteacher



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